



# K & J FARM 2023 WEEKLY FRUIT & VEGGIE BOX SUBSCRIPTION INFORMATION & CONTRACT

K & J Farm offers a weekly fruit and veggie box subscription for 18 weeks. The first box pick up for the 2023 season will be June 1<sup>st</sup> – 3<sup>rd</sup>. We will offer a "Large Box" which will consist of 18 weeks of produce that will feed 3 to 4+ people. This box is perfect for a family or the fruit and veggie lover! We will also offer a "Medium Box" which will consist of 18 weeks of produce that will feed 1-2 people. This size is perfect for a single person or couple. The Medium Box is also perfect if you just want to give it a try! New this year we will offer a "Kids Box" that can be purchased as a box option and not an add-on! We will gear this box towards 6-12 year old kids. This box will consist of a fruit and a veggie and a kids recipe. We will also include kids activity pages, project ideas or science experiment ideas throughout the season as well. These activities may not be included in every box but periodically throughout the season. Our goal for this box will be to help engage your children and include them in the weekly fruit and veggie box experience as well as encourage them to eat their fruits & veggies. We will include more familiar fruits & veggies in this box such as strawberries, green beans, peaches, peas, cantaloupe, lettuce, zucchini, plums etc. so that kids are not discouraged by fruits or veggies that they may not want to eat.

You will pick up your box each week at our farm market located at 4 Irishtown Rd, Hanover, PA 17331. You can choose to pick up on Thursdays between 2pm – 6pm, Fridays between 2pm - 6pm OR Saturdays from 9am -4pm.

If you sign up and pay in full by March 1st you will receive an Early Bird Gift Certificate to K & J Farm Market that can be redeemed throughout the Season!

Kid's Box - \$5 Gift Certificate to K & J Farm Market

Medium Box - \$15 Gift Certificate to K & J Farm Market

Large Box - \$30 Gift Certificate to K & J Farm Market

Our produce is grown using both natural and conventional practices. We build soil nutrition and brix (sugar) levels to ensure high nutrition in our produce. We try to use natural methods to deter insects and disease before we use conventional methods. Because we use methods that build soil nutrition and brix levels in our plants, our produce has exceptional flavor and lasts

longer. We do NOT grow any produce that is genetically modified. We do our best to provide our customers with the freshest, most flavorful produce we can. We plant a variety of different vegetables so you can try something new each week.

### Why should you purchase a Fruit & Veggie Box Subscription???

- 1. It helps support our Farm. You essentially pre- purchase a share of our harvest before the season begins. This helps us get all of our inputs (seeds, fertilizers, supplies) purchased up front before the season starts. In return, we give our Fruit & Veggie Box Subscribers a bit more of the share of the harvest than what they pay for.
- 2. It's fast and convenient. We have your box of fruits and veggies ready for pick up on your designated date/time. It only takes a couple minutes to pick up your box and you then you are all set with fruits and veggies for the week. You don't have to spend time shopping and picking out the produce yourself!
- 3. You get to try new fruits and veggies. Most of the items we include in your box are fruits and veggies you would normally see in the store or farm market, but we also try to include a few items throughout the season that you may have never tried. These items may include produce such as kohlrabi, purple peppers, heirloom tomatoes or honeylopes.
- 4. The fruits and veggies you receive are fresh and delicious! All of the produce that is included in your box is freshly picked from our farm or other local farms nearby. We include some items that we purchase from nearby farms to make sure you receive a well-rounded box full of a variety of fruits and veggies. You will not get fresher produce unless you grow it yourself!

<u>Weekly Fruit & Veggie Box Add-On Options</u> – these add-ons are only available with the purchase of a Weekly Fruit & Veggie Box Subscription

#### **Canned Good Add on Option**

Do you want to try a new canned good with your weekly Fruit & Veggie box? Purchase the Canned Good Option and we will add a canned good of our choice to your Fruit & Veggie box! A wide variety of canned goods may be included. We offer a wide variety of pickled veggies such as beets, cucumbers, mixed veggies, mushrooms; a large variety of fruit spreads and fruit butters; honey and salsa and ketchup and canned fruit.

#### **Baked Good Option**

If you sign up for our Weekly Fruit & Veggie Box Subscription you can add on our Baked Good Option. If you choose to add on the Baked Good Option you will receive a baked good of our choice in your box each week. Our baked goods are baked by a local baker. You will receive a variety of baked goods including pies, whoopie pies, cookies, sweet breads and apple dumplings

## You can sign up via our website <a href="https://www.kjfarmmarket.com">www.kjfarmmarket.com</a> or you can fill out this form and mail it back to us with a check

Below are some examples of what a weekly share may include in Spring, Summer and Fall.

## **Examples:**

Spring	Large Box	Medium Box	Summer	Large Box	Medium Box
Lettuce	2 heads	1 head	Beans	1 lb	½ lb
Spinach	½ lb	1⁄4 lb	Summer Squash	2	1
Spring Onions	6	3	Tomatoes (mixed varieties large & cherry)	2 lb	1 lb
Radishes	6	3	Sweet Corn	8	4
Beets	6	3	Cucumber	2	1
Strawberries	1 qt	1 pt	Peaches	6	4
Cucumbers	2	1	Eggplant	2	1
Peas	1 qt	1 pt	Sweet Onions	3	2

Fall	Large Box	Medium Box
Potatoes	5 lb	2 lb
Butternut Squash	2	1
Turnips	6	3
Peppers (mixed varieties)	3	2
Spinach	3/4 lb	½ lb
Apples	6	4
Zucchini	2	1
Tomatoes (mixed varieties)	2 lb	1lb

#### 2022 K & J FARM FRUIT & VEGGIE BOX SUBSCRIPTION AGREEMENT:

I commit to a membership in the K & J Farm Fruit & Veggie Box Subscription for the 2023 season. As a member, I commit myself to supporting the farm by making my payment. I will commit to the pick-up of my weekly Box on the day I selected at the specified time I selected. I understand that if I do not pick up my box on the specified day and time I choose, I do not expect to have my box saved unless I have made prior arrangements with K and J Farm at least 24 hours in advance. I understand that the day/time I choose to pick up my box will be the same each week unless other arrangements are made with K & J Farm. The Box will vary in size and weight depending on the time of the season. I understand that over the course of the season the box may contain a smaller volume or fruits & veggies in the beginning of the season but a larger volume as the season continues and because of this the value of the box is calculated as an average for all of the fruits & veggies received in the box throughout the season. I commit to accepting the variety of foods that appear in the Box over the course of the season. I understand that in return for my commitment to K & J Farm's Weekly Fruit & Veggie Box Subscription by paying for my subscription, K & J Farm will provide me with a Box of Homegrown & Locally Grown Fruits & Veggies weekly for 18 weeks.

	-
Signature	Date

Information:	
Name:	
Address:	
Phone: Email:	
Fruit & Veggie Box Options Choose One:	
Large Box (2-4+ people) for 18 Weeks	\$549.00
Medium Box (1-2 people) for 18 Weeks	\$325.00
Kid's Box (Kids age 6-12) for 18 weeks	\$180.00
Pick Up Day & Time Choose One:	
Thursdays 2pm – 6pm First pick up day is June 1st	
Fridays 2pm – 6pm First pick up day is June 2nd	
Saturdays 9:30am – 4pm First pick up day is June 3rd	
Canned Good Option a variety of canned goods weekly	
I would like Canned Goods added to my Box weekly for 18 weeks	\$108.00
I would like Baked Goods added to my Box weekly for 18 weeks	\$108.00
Total Du	e
Places voture the signed serves ment along with the and	lay farm an
Please return the signed agreement along with the ord	er ioriii an

K & J Farm Market

125 Basehoar School Rd

Littlestown, PA 17340